



Sri Devaraj Urs Academy of Higher Education & Research

(Deemed to be University)

Post Box 62, Tamaka, Kolar 563103, Karnataka

Phone : 08152- 243003(Extn. 470) email : dean.ahs@sduu.ac.in Web: www.sduu.ac.in

Dean Faculty of Allied Health and Basic Sciences

Date: 05.11.2021

Guidelines for Fresh Batch Students of (2021-2022) Reporting To Campus from 08th to 26th November 2021

TASK FORCE MEMBERS

Name	Designation	Phone No
Dr. C D Dayanand	Dean – FAH&BS	9448533128
Dr. Sridevi N.S	Nodal officer – Director, Student Welfare	9741243683
Dr. Madhavi Reddy & Dr. Kiran Mayee	Deputy Nodal officer – Warden, Ladies hostel	9972307909 7899346701
Dr. Swaroop Raj	Deputy Nodal officer – Warden Men's hostel	9844044473
Mr. Senthil Kumar	Deputy Nodal officer – AHS	7276408001

Student in a higher educational institution is defined as a person formally enrolled and is engaged in learning who can be an undergraduate

Note: Maintaining Covid appropriate behavior particularly wearing of face mask is compulsory for all in the campus

Commencement of Classes for Fresh batch students of FAH&BS 2021-22

Sl No	Course	Term	Approximate No of Students		Date of reporting
1	Fresher's (2021-22 batch)	-----	75	50	TO REPORT between 8 th – 26 th November 2021

STANDARD OPERATING PROCEDURE

I. Intimation

A prior intimation has to be given by the Students regarding the date and time of arrival to campus to the Director, Student Welfare (DSW) or the concerned Wardens of Hostel and to report at the University Library. Mail Id – warden.mens@sdumc.ac.in
warden.womens@sdumc.ac.in

II. Submission of documents on arrival

- Negative RTPCR report done 48 - 72 hours before arrival to campus of both student and accompanying parent
- Self - reporting form
- Undertaking by student duly attested by the parents
- Undertaking by the parents

Note: Only one parent can accompany the student to the campus.

(Contact person: Mr. Vishwanath Singh, Manager, Ladies Hostel, 9886500524)

(Contact person: Mrs. Shylaja, FDA, Mens Hostel, 9591052391)

All the students seeking hostel admission will be quarantined for a period of 05 days and will be permitted to stay in the hostel and allowed to attend the classes.

Parents and students are requested to cooperate and follow the measures strictly for the goodwill of students in the prevention of COVID 19.

III. Precautionary measures to be followed by students

- Mandatory for all the students to wear ID cards
- To wear a triple layer face mask
- To wash hands frequently using soap and use of hand sanitizer
- To follow social distancing.

IV. Preparedness in the hostel

- Hand sanitizer available at each floor
- Hand wash placed at all washing areas.
- Student will have their own plate and tumbler
- Arrangement for service of food at their rooms in the hostels following all the precautionary measures during quarantine.
- Adequate supply of drinking water in each floor at designated place
- Student volunteers to ensure social distancing
- Monitoring of hygiene in the Kitchen, area of food service and of mess workers.
- Regular monitoring of the health of students & hostel staff
- Any student develops fever, cough, sore throat, diarrhea, myalgia and difficulty

breathing, inform coordinators/wardens/mentors/faculty on duty and seek medical attention.

- To record the entry – exit movement of the student in the register maintained in all hostels. No student will be allowed to go out without a valid reason.
- Students will be monitored by the Faculty round the clock and any grievance of the student may be informed to the faculty on duty.
- The entry of visitors will be strictly monitored at the entry and exit in the campus.
- Symptomatic students will not be allowed to stay in the hostels but will be shifted to hospital facility.
- Hostel supervisor's advice to keep temperature record of students during quarantine.

V. Health care needs:

- Thermal scanning will be done for all faculty, staff and students at the entry of various places.
- Counselling sessions will be conducted on regular basis by the counsellors of The Academy.
- Regular mentoring of students by the Mentors either on phone, email or whatsapp.
- Helpline No's will be provided and also displayed at various prominent places in the Institution regarding mental health, psychological concerns and wellbeing of students will be regularly monitored by the counsellors of the Academy.
- During the stay in the hostel, if the student starts to develop symptoms of Covid-19, as per the protocol the student has to get tested and isolated. If the test result is positive, further treatment will be provided at the hospital. If found negative, the student will be allowed to stay in the hostel.
- They shall be released from quarantine if the following criteria are met in 05 days following discharge from hospital
 - No symptoms of Cough, Sore throat, Difficulty in breathing
 - Loss of sense of smell, Chest pain
 - On examination - No fever (recorded temperature < 37.50c or <99.50 F)
 - Maintains saturation above 95%, Respiratory rate less than 24 per minute

VI. Teaching and Learning:

- It is mandatory for all the students to wear ID cards.
- Classes are been planned in small groups
- The Norms of physical distancing, sanitization and disinfection process (using 1% sodium hypochlorite) at common facilities and also frequently touched areas at the auditoriums, laboratories, sports, gymnasium, canteen, parking area etc. will be followed.

SELF REPORTING FORM

Sl.No	Personal Information	
1	Name of Student	
2	Age & Date of Birth	3. Gender – M / F
4	Students Phone No	
5	Students E mail id	
6	Phone No of Parents Father/ Mother	
7	E mail Id of Parents Father/ Mother	
8	Travel mode undertaken (Tick any)	Car / Bus/ Train/ Flight /Any other Details -
9	Aadhar no of student	
10	Address of origin of journey	
11	Date and time of origin of journey	
12	Date and time of arrival to Bangalore	
13	Date and time of arrival to Kolar	

a) Are you suffering from any of the following symptoms?

Fever - Yes / No

Cough - Yes / No

Sore throat - Yes / No

Redness of eyes – Yes / No

Difficulty in breathing - Yes / No

Loss of sense of smell - Yes / No

Chest pain - Yes / No

Vomiting – Yes/No

Diarrhoea – Yes/No

Abdominal cramps – Yes/No

Myalgia - Yes/No

Tiredness – Yes/No

b) Did you consume any paracetamol drug before your arrival? Yes/No

c) Are you on medications for any illness? Yes / No

d) If Yes, Mention the reason and the medication.

e) Have you downloaded Arogya Setu app – Yes/ No

DO'S AND DONT'S

DO'S	DONT'S
Wash your hands frequently using soap. Use sanitizers	Don't go in groups
Always wear a triple layered mask when you come out to attend classes and a cloth mask can be used in your hostel. Disposal of masks should be in only designated bins	Do not touch your nose, mouth and eyes with your unwashed hands
Maintain at least 2 meter distance between yourself and others	Do not shake your hands with anyone and avoid unnecessary interaction with friends
Stay indoors and talk and share your feelings with your friends and family on phone to remain positive and focused	Don't move around unnecessarily in the corridors, food court and campus. Celebration of birthdays and any group activities is prohibited
If you have fever, cough and difficulty breathing, inform wardens/mentors and seek medical attention. If your roommate is symptomatic, inform authorities then both of you have to remain in room till the test results.	Don't touch railings and then touch your face
When coughing and sneezing, cover mouth and nose with handkerchief or tissue. Dispose of the used tissue in a closed bin.	Do not use the lift, use staircase instead
Maintain good hygiene and cleanliness of your room	Do not spit in public places
Wear plastic slippers which can be washed frequently with a detergent	Avoid wearing slippers in the room which has been worn outside
Try to make digital payment using any of the apps	Avoid cash payments
Eat healthy food & fruits and drink hot water. Wash the fruits purchased thoroughly before consumption	Avoid junk food and any food material that cannot be washed (In case required then must be stored in a place for atleast 72 hours before consumption)
Get good 8 hours of sleep Do exercises, yoga, breathing exercises and meditation etc. to keep yourself fit	Do not smoke and consume alcohol
Regularly sanitize your phones, laptops and other media accessories.	Do not share your electronic items, books, learning materials and even food
Download Arogya Setu app for self-monitoring.	.

11	Interaction with parents of students if any	Deputy Nodal officers
12	Briefing security staff and current inmates to disallow new students into the hostel without quarantine.	DSW
13	Adequate security arrangements to tackle the disobedient students and lock key if so warranted	Deputy Nodal officers (Report to DSW and Principal)
14	Maintenance of entry – exit register in all hostels where incoming students are quarantined	Deputy Nodal officers
15	Arrangement of Mentorship activity	Convener – Mentorship monitoring committee
16	Counselling sessions	Counsellors of Academy
17	A day to day report to be sent to the Dean's office	DSW

GUIDELINES FOR QUARANTINE OF COVID -19 POSITIVE

The guidelines put up are as per the guidelines available as on date Government of Karnataka notification. The guidelines are subject to changes as proposed by the Government of Karnataka and decision of the Academy

1. During the stay in the hostel if any student starts to develop symptoms of Covid-19, as per the protocol the student has to get tested and isolated. If the test result is positive, further treatment will be provided at the hospital. The primary contacts of the student who is found positive will be identified, isolated and testing done. If found negative, the student will be allowed to stay in the hostel.
2. They shall be released from quarantine if the following criteria are met in 07 days following discharge from hospital
 - No symptoms of Cough, Sore throat, Difficulty in breathing
 - Loss of sense of smell, Chest pain
 - On examination - No fever (recorded temperature < 37.50c or <99.50 F)
 - Maintains saturation above 95%, Respiratory rate less than 24 per minute
3. A report of the same will be sent to the respective Deans once the student completes his/her isolation. The person shall be allowed to resume attending to classes only after satisfactory completion of hostel isolation. A fitness certificate shall be issued by the concerned.
4. Disinfection of the room: After completion of hostel isolation, the commonly touched surfaces and objects inside the room will be disinfected with 1% freshly prepared sodium hypochlorite solution.
5. It is mandatory for the students to register on the Arogya Setu app and Bluetooth to be switched on.

MEASURES TAKEN AT INSTITUTION LEVEL IN THE PREVENTION OF COVID 19

Safety Measures

1. Compulsory download of Arogya Setu app. All the students reporting to the campus will produce the report of RTPCR which should be done 48 – 72 hours in an ICMR recognized lab only before the travel time from any state. The student will be quarantined for a period of 05 days.
2. Thermal scanning for all faculty, staff and students at various places and compulsory wearing of mask. Hand sanitizers will be placed at common areas.
3. Signages, symbols posters, etc regarding measures for prevention of Covid 19 and Emergency No, Helpline No's, email id and contact details in case of any grievances are displayed at prominent places in the Institution.
4. The Norms of physical distancing, sanitization and disinfection process (using 1% sodium hypochlorite) at common facilities and also frequently touched areas at the auditoriums, laboratories, sports, gymnasium, canteen, parking area etc. after the classes will be followed.
5. Spitting in the campus is a punishable offence
6. The entry of visitors will strictly monitored at the entry and exit in the campus. It is mandatory for all the students and faculty to wear ID cards.
7. Dustbins are placed for collection of used facemasks, personal protective kit, hand gloves and their disposals are done as per safety norms.

Teaching learning

The class size will be reduced to 50% to maintain social distancing and maybe allowed on rotation basis for classes.

Hostels

1. Symptomatic students will not be allowed to stay in the hostels but will be shifted to hospital facility.
2. There should be no overcrowding in hostel areas, dining halls, canteen, common rooms, playing areas Etc. where common utilities are shared.
3. Food and water will be supplied in the earmarked areas where the students are accommodated.
4. Hygiene will be monitored in the kitchens, dining halls, bathrooms and toilets.
5. Hygiene will be monitored of all the mess workers.
6. The students must avoid going to Kolar for purchase instead you can purchase your requirements at the Students Cooperative society or if anything is required a request can be put up to the society to make it available.

Health

1. Students, staff & faculty to submit a self-disclosure if any of their family members have been infected and if they are a primary contact.
2. Regular monitoring of the health of students, staff & faculty.
3. Helpline No's will be provided and also displayed at various prominent places in the Institution regarding mental health, psychological concerns and wellbeing of students which will be regularly monitored by the counsellors of the Academy.
4. Regular mentoring of students by the Mentors either on phone, email or whatsapp.
5. Awareness program will be conducted as to how the infection spreads, common symptoms, precautions and measures to be taken to contain its spread.



Sri Devaraj Urs Academy of Higher Education & Research

(Deemed to be University)

Post Box 62, Tamaka, Kolar 563103, Karnataka

Phone : 08152- 243003(Extn. 470) email : dean.ahs@sduu.ac.in Web: www.sduu.ac.in

Dean Faculty of Allied Health and Basic Sciences

A Letter of Undertaking from Students

I, (Full name of Student) with Register No Son/Daughter of having been admitted to (Course) and inTerm admit that I am fully aware of the Pro's and Con's of COVID 19 Infection and the necessity to wear proper face masks, maintain social distance, avoid gatherings and follow other preventive measures against COVID 19.

I hereby in my conscious give an undertaking that, I will not hold the Academy and/or authorities responsible if I acquire the Infection despite all the information provided and preventive measures taken by the Academy.

I hereby give an undertaking that, I will vaccinate fully (two doses), as early as possible.

Signature of Student

Date:

Name of Student:

Register No:

Phone No:

Address:

Signature of Witness

Name and Phone No



Sri Devaraj Urs Academy of Higher Education & Research

(Deemed to be University)

Post Box 62, Tamaka, Kolar 563103, Karnataka

Phone : 08152- 243003(Extn. 470) email : dean.ahs@sduu.ac.in Web: www.sduu.ac.in

Dean Faculty of Allied Health and Basic Sciences

A Letter of Undertaking from Parents

I, (Full name of Parent)
Father/Mother of(Student Name)
admitted to (Course) and inTerm do understand the
Pro's and Con's of COVID 19 Infection and the necessity to wear face masks,
maintain social distance, avoid gatherings and follow other preventive measures
against COVID 19.

With respect to the above I hereby in my full conscious give an undertaking that
I will not hold the Academy and/or authorities responsible if my Son/ Daughter
acquires COVID 19 Infection despite all the information provided and preventive
measures taken by the Academy.

I permit him to travel from home to campus and attend to his teaching, learning
and evaluation activities.

Date:

Signature of Parent

Name of Parent:

Phone No of Parent:

E mail Id of Parent:

Signature of Witness

Name and Phone No

Name of Student-

Register No:

E mail id :

Phone No:

Address:
